

Membership

A club for youth with special needs to hang out and have fun! Dance, baking, photography, outdoor activities and more – join us for an amazing time!

LEARN new skills. Be **INSPIRED** by fresh and exciting experiences. Discover passions you will **THRIVE** in. Feel **EMPOWERED** by a supportive community.

Yearly Membership Fee:

\$S120

Find out more:

 8771 8016

 csp@ymca.org.sg



Membership Perks

- ✓ Welcome gift
- ✓ Exclusive activities, workshops and events
- ✓ Free enrichment classes
- ✓ Discounted rates on programmes
- ✓ YMCA Membership privileges

Registration Link

<http://tinyurl.com/Y-CLUBLITE>



Supported By





CLUB LITE

LEARN.INSPIRE.THRIVE.EMPOWER

What is Club LITE?

YMCA Club LITE is a social club for youth with special needs to build meaningful social connections, LEARN new skills, be INSPIRED by fresh and exciting experiences, discover passions they will THRIVE in, and feel EMPOWERED by a supportive community.

Eligibility



Persons with special needs who are 18 years old and above

Yearly Membership Fee:

\$\$120

(12-month membership)

Membership Privileges



Complimentary Welcome Gift



Planned Events, Workshops, and Activities



Free Enrichment Activities



Discounted Rates on Paid Programmes



Complimentary Access to the Swimming Pool

Sign Up Process

Whole process takes up to 4 weeks

1

Fill up the Membership Interest Form and club coordinator will reach out to you

2

Meet the club coordinator for assessment and trial.

3

If deemed suitable, complete application form

4

Make payment and send the screenshot of payment via WhatsApp @ 8771 8016.

5

Receive confirmation of membership either via email or text message.

What Do We Offer?

Enrichment

Leisure

Workshops

Customized workshops such as commuting, cooking and baking that allow youths to gain skills development, practical knowledge, and exposure to various subjects. These workshops foster creativity, boost confidence and prepare youths for independent living.



Social Activities

Social activities promote networking, fosters interpersonal skills, and enhance overall well-being. It offers opportunities to connect with others, build relationships and unwind, contributing to a balanced and fulfilling life.



Free Activities

In-house workshops that range from digital skills to arts and craft that enables self-improvement, cultivates adaptability, enhances problem solving skills, and broadens perspectives. It fosters continuous learning, boosts confidence, and contributes to personal growth and well-being.



Events

Special events and occasions provide opportunities for youth to meet new people, increasing their sense of pride by gathering and celebrating the festivities together.



Sports

Y Bowling

Bowling presents our youth with opportunities to build fine motor skills while improving on their social and communication skills, and also build meaningful friendships.



Y Water Venture

Swimming is a unique sport that improves the physical fitness of our youth, while allowing them to experience the freedom of movement in water and build up their confidence in water.



Y Dance

Dancing allows our youth to let loose and explore creating art through movement. It also provides physical exercise, social interaction, and a platform for self-discovery, which in turn improves their wellbeing.



Y Nature Walk

Hiking provides a platform to explore Singapore's natural sights and the tranquility of nature. It also strengthens the physical fitness, mental health, confidence and resilience in our youth.



 **Have Any Queries?**

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 **8771 8016**